

<u>February 2021</u>



Food Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Milk	Milk	Milk	Milk	Milk
Scrambled Eggs	Homemade French	Farina	Cereal	Homemade Rice
with Bread and	Toast	Mandarins	Sliced Bananas	Kasha
Cream cheese	Pears			Apples
Apples				
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Water	Water	Water	Water	Water
Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread
Homemade	Homemade Chicken	Homemade Borscht	Homemade Tomato	Homemade
Mushroom Barley	Meatball Soup	Soup	Soup	Vegetable Soup
Soup	Mozzarella Sticks	Chicken Nuggets	Fish Sticks	Pizza Bagels
Cheese Panini	Sweet Bell Peppers	Sliced Cucumbers	Cucumber & Tomato	Sweet Bell Peppers
Cucumber &			Salad	
Tomato Salad				
Snack:	Snack:	Snack:	Snack:	Snack:
Warm Herbal Tea	Warm Herbal Tea	Warm Herbal Tea	Warm Herbal Tea	Warm Herbal Tea
Sirniki	Mac & Cheese	Chicken Dumplings	Homemade Vegetable	Chicken Cutlets
Mandarins	Strawberries	with Sour Cream	Pilaf	with Mashed
		Pears	Apples	Potatoes
				Mandarins

WATER IS SERVED TO CHILDREN THROUGHOUT THE DAY From 5:00 p.m. to 5:30 p.m. Children will receive cookies & yogurt *** Menu changes on a monthly basis. With the help of our nutrition consultant we make smart choices for your child

from every food group.